

INTERMEDIATE SQUAD

2 JAN 2024 - 22 JAN 2024



MON 01 JAN		TUE 02 JAN		WED 03 JAN		THU 04 JAN		FRI 05 JAN		SAT 06 JAN		
AM	PUBLIC HOLIDAY NO SQUAD	Intermediate 5:30am - 7am				Intermediate 5:30am - 7am				Intermediate 6:00am - 7:30am		
PM		Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm				
MON 08 JAN		TUE 09 JAN		WED 10 JAN		THU 11 JAN		FRI 12 JAN		SAT 13 JAN		
AM			Intermediate 5:30am - 7am				Intermediate 5:30am - 7am				Intermediate 6:00am - 7:30am	
PM	Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm			
MON 15 JAN		TUE 16 JAN		WED 17 JAN		THU 18 JAN		FRI 19 JAN		SAT 20 JAN		
AM			Intermediate 5:30am - 7am				Intermediate 5:30am - 7am				Intermediate 6:00am - 7:30am	
PM	Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm		Intermediate 3.30pm - 5pm			
MON 22 JAN		TUE 23 JAN		WED 24 JAN		THU 25 JAN		FRI 26 JAN		SAT 27 JAN		
NEW SQUAD STRUCTURE - CHECK WEBSITE FOR MORE DETAILS												

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