

# ADULT COACHING TIMETABLE

| TIME | MON   | TUE   | WED   | THU   | FRI | TIME  | SAT   |
|------|---|---|---|---|-----|-------|---|
| 6 PM | <p>INTER 1</p> <p>cardiotennis</p>                    | <p>BEG 1</p> <p>BEG 2</p> <p>cardiotennis</p> | <p>BEG 1</p> <p>BEG 2</p> <p>cardiotennis</p> |   |     |       |   |
|      |   |   |   | <p>cardiotennis</p>                                   |     |       |   |
| 7 PM | <p>BEG 1</p> <p>BEG 2</p> <p>ADULT SQUAD 7-8.30PM</p> | <p>INTER 1</p> <p>INTER 2</p>                 | <p>INTER 1</p>                                | <p>BEG 1</p> <p>BEG 2</p> <p>ADULT SQUAD 7-8.30PM</p> |     |       |   |
|      |   |   |   |   |     |       | <p>BEG 1</p> <p>BEG 2</p> <p>INTER 1</p> <p>INTER 2</p> |
|      |   |   |   |   |     | 10 AM |   |