

GROUP FITNESS



MON

BOXFIT

OLD GYM

5:30-6:30PM

TUE

STRENGTH FIT 1-2PM OLD GYM

BOOTCAMP 6-7PM OLD GYM

WED

YOGA 6-7PM MORRISON HALL

THU

SAT

BODYBLITZ AM-FIT 8-9AM 5:30-6:30PM FITNESS GYM OLD GYM

UQ SPORT FITNESS & AQUATIC CENTRE, GATTON

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