

KIDS TENNIS PROGRESSION CHART

Yellow Ball (Advanced)	Age	12 years+	<h2 style="text-align: center;">JUNIOR TENNIS FIXTURES</h2> <p>Match play is one of the key elements that helps juniors in their tennis development. Aimed at experienced orange ballers and above, the junior fixtures program provides an opportunity for players looking to practice what they have learnt during coaching as well as players who would like to take their tennis more seriously.</p>	
<p>An invitational (by coach selection only) 90-minute class for kids playing tournaments and/or high-level school tennis.</p>				
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Green Ball (Intermediate)	Age	9-12 years+		
<p>Players can serve and play points on a full-sized court. They can consistently rally the ball over the net (30-50 strokes with another Green Ball player) and will likely be involved in fixtures or school tennis.</p>				
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Orange Ball 2 (Beginner)	Age	8-10 years+		
<p>Players can sustain a rally of 20 balls on a smaller modified court and should be able to serve. At this level, players should soon be looking to play fixtures.</p>				
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Orange Ball 1 (Beginner)	Age	8-10 years+		
<p>For players with limited or no tennis experience, looking to learn the fundamentals and basic skills of the game.</p>				
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Red Ball 2		Age	6-8 years	
<p>For players who can sustain a rally of 20 balls on a smaller modified court. Players will work on refining their tennis skills.</p>				
<p>All new players receive a free tennis racquet to help get them started!</p>				
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Red Ball 1		Age	4-6 years	
<p>Aimed at players with little or no tennis experience to learn basic tennis strokes and technique.</p>				
<p>All new players receive a free tennis racquet to help get them started!</p>				
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Red Mini		Age	3-5 years	
<p>For kids who are trying tennis for the very first time. Focus on motor skills and hand-eye co-ordination using techniques that replicate tennis skills e.g. throwing, catching, hitting.</p>				
<p>All new players receive a free tennis racquet to help get them started!</p>				



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