



# \* KIDS HOLIDAY CAMP

FUN, CREATIVE
INDOOR
& OUTDOOR
ACTIVITIES FOR
KIDS AGE 6-12



uqsport.com.au/kids



**7-8 YEARS** 

**9-10 YEARS** 

**11-12 YEARS** 

# KIDS HOLIDAY CAMP 6 YEARS



# **MON 24 JUN**

Team Games

Taekwondo

Tag Games

Handball Coaching

# **TUE 25 JUN**

Ultimate Disc

**Ball Games** 

Dance + Karaoke

Relay + Activity Circuit

# **WED 26 JUN**

Athletics

Parachute Games

Lacrosse Coaching

Ball Skills

# **THU 27 JUN**

Basketball

Relays

**Team Sports** 

Building Blocks + Arts

# FRI 28 JUN

**Ball Games** 

AFL

Dodgeball

Dance Party

# OPERATING HOURS:

8:00am - 5:00pm

# BREAKS:

Morning tea: 10:30 - 11:00am

Lunch:

1:00pm - 1:30pm

# **BOOKINGS:**

# **PER WEEK**

# **PER DAY**

# FINISH /

# **MON 1 JUL**

Team Games

Tag Games

Ball Skills

Handball Coaching

\*Program Subject to Change

# **TUE 2 JUL**

Ultimate Disc

**Team Sports** 

Dance + Karaoke

**Ball Games** 

# **WED 3 JUL**

**Athletics** 

Tag Games

Lacrosse Coaching

Relay + Activity
Circuit

# **THU 4 JUL**

Basketball

Relays

**Team Sports** 

Parachute Games

# FRI 5 JUL

Ball Skills + Agility

AFI

**Ball Games** 

Dance Party



# KIDS HOLIDAY CAMP 7-8 YEARS



# **MON 24 JUN**

Team Games

Handball Coaching

**Ball Games** 

Taekwondo

# **TUE 25 JUN**

Tag Games

**Team Sports** 

Ultimate Disc

Dance + Karaoke

# **WED 26 JUN**

**Athletics** 

**Ball Sports** 

Parachute Games

Lacrosse Coaching

# **THU 27 JUN**

Relay + Activity Circuit

Basketball

Tag Games

Soccer Skills

# FRI 28 JUN

AFI

Dodgeball

**Ball Games** 

Dance Party

# **OPERATING HOURS:**

8:00am - 5:00pm

# **BREAKS**:

Morning tea: 10:30 - 11:00am

Lunch:

1:00pm - 1:30pm

**PER WEEK** 

# **BOOKINGS:**

# **MON 1 JUL**

**Ball Games** 

Handball Coaching

**Team Sports** 

Tag Games

# **TUE 2 JUL**

Relay + Activity Circuit

**Ball Sports** 

Ultimate Disc

Dance + Karaoke

# **WED 3 JUL**

**Athletics** 

**Team Sports** 

Tag Games

Lacrosse Coaching

# **THU 4 JUL**

Parachute Games

Basketball

Mini Games

Soccer Skills

# FRI 5 JUL

AFL

Dodgeball

**Ball Games** 

Dance Party

# **PER DAY**







# KIDS HOLIDAY CAMP 9-10 YEARS



# **MON 24 JUN**

Handball Coaching

**Team Sports** 

Taekwondo

**Ball Sports** 

# **TUE 25 JUN**

Soccer

Ultiamte Disc

Relay + Mini Games

Team Sports

# **WED 26 JUN**

Lacrosse Coaching

Relay + Activity Circuit

Basketball

Ultimate Tag

# **THU 27 JUN**

Capture the Flag

AFI

Team Games

Dodgeball

# FRI 28 JUN

**Athletics** 

Tag Games

**Team Sports** 

Extreme Sports

FRI 5 JUL

# **OPERATING HOURS:**

8:00am - 5:00pm

# **BREAKS**:

Morning tea: 10:30 - 11:00am

Lunch:

1:00pm - 1:30pm

# **BOOKINGS:**

# **PER WEEK**

# **PER DAY**



# **MON 1 JUL**

Handball Coaching

**Ball Sports** 

Taekwondo

**Team Sports** 

\*Program Subject to Change

# **TUE 2 JUL**

Capture the Flag

Ultimate Disc

Soccer

**Ball Sports** 

# **WED 3 JUL**

Lacrosse Coaching

**Team Sports** 

Basketball

Ultimate Tag

# **THU 4 JUL**

Relav +

**Ball Games** 

Dodgeball





# KIDS HOLIDAY CAMP 11-12 YEARS



# **MON 24 JUN**

Taekwondo

**Ball Sports** 

Handball Coaching

**Team Sports** 

# **TUE 25 JUN**

Capture the Flag

Tag Games

**Team Sports** 

Ultimate Disc

# **WED 26 JUN**

Basketball

Lacrosse Coaching

Ultiamte Tag

**Ball Sports** 

# **THU 27 JUN**

AFI

Mini Games

Dodgeball

**Team Sports** 

# FRI 28 JUN

**Athletics** 

**Team Sports** 

Ultimate Tag

**Extreme Sports** 

# **OPERATING HOURS:**

8:00am - 5:00pm

# **BREAKS**:

Morning tea:

10:30 - 11:00am

Lunch:

1:00pm - 1:30pm

# **BOOKINGS:**

# **PER WEEK**

# **PER DAY**



# **MON 1 JUL**

Taekwondo

**Team Sports** 

Handball Coaching

**Ball Sports** 

\*Program Subject to Change

# **TUE 2 JUL**

Soccer

Tag Games

Capture the Flag

Ultiamte Disc

# **WED 3 JUL**

Basketball

Lacrosse Coaching

Ultiamte Tag

**Team Sports** 

**AFL** 

**Ultimate Tag** 

Dodgeball

**Team Sports** 

**THU 4 JUL** FRI 5 JUL

**Athletics** 

**Ball Sports** 

Tag Games

Extreme Sports



