

Position Description



Job title:	Personal Trainer
Reporting to:	Venue Supervisor
Department:	Gatton
Location:	Gatton

Purpose of the Position

The Personal Trainer is responsible for the delivery of personal training fitness programs to help UQ Sport customers achieve their health and fitness goals through motivation, inspiration and education.

This includes the providing exceptional customer service to current and potential UQ Sport customers; providing comprehensive fitness programs that promote health and fitness through realistic goal setting and education; maintaining a clean, safe and enjoyable environment for all users; delivery of initiatives to increase involvement of key stakeholders in UQ Sport programs and venues; and maintaining a positive profile for UQ Sport in the wider community

Essential Qualifications

- Certificate IV in Fitness
 - First Aid & CPR Certificates
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Essential Experience and Skills

- Evident appropriate levels of strength and fitness to perform exercises and spot customers
 - Proven experience in delivering group and individual training sessions
 - Proven experience in developing safe, motivating and challenging fitness training programs
 - Demonstrated personal initiative and ability to work autonomously
 - Demonstrated commitment to customer service excellence
 - Proven sales skills and the ability to achieve targets
 - Demonstrated well-developed inter-personal skills
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Essential Behavioural Competencies

- Integrity
- Serving the Customer
- Drive for Results
- Quality Focus
- Communicating with Clarity
- Confidence and Self Control
- Planning, Organising and Flexibility
- Influencing and Building Relationships



UQ SPORT

Essential Health and Safety Responsibilities

- Adopting safe work practices
- Actively reporting workplace hazards, injuries and accidents arising from workplace activities and providing recommendations for corrective actions to prevent or minimise the chance of recurrence
- Ensuring your behaviour does not pose a risk to the health and safety of any person and does not interfere with or misuse materials, equipment or property
- Participating in meetings, training and other health and safety activities