



UQ SPORT

# FREE TRIAL

## ST LUCIA



WEEK 1

MON 22 JUL

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM

**BOOTCAMP**  
FITNESS CENTRE  
5:30AM - 6:15AM



**SWIMFIT+**  
AQUATIC CENTRE  
12PM - 1PM



TUE 23 JUL

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM

**AQUAFIT**  
AQUATIC CENTRE  
7AM - 8AM

**PILATES**  
FITNESS CENTRE  
12PM - 12:45PM

**CARDIO TENNIS**  
TENNIS CENTRE  
3PM - 4PM

**BOOTCAMP**  
FITNESS CENTRE  
6:30PM - 7:30PM

WED 24 JUL

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM



**MARKET DAY**

GREAT COURT  
10AM - 2PM



THU 25 JUL

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM

**BODYATTACK**  
FITNESS CENTRE  
6:30AM - 7:30AM

**AQUAFIT**  
AQUATIC CENTRE  
7AM - 8AM

**INDOOR BADMINTON**  
FITNESS CENTRE  
10:30AM - 1:30PM

**YIN YOGA**  
FITNESS CENTRE  
12PM - 12:45PM

**CARDIO TENNIS**  
TENNIS CENTRE  
3PM - 4PM

**YIN YOGA**  
FITNESS CENTRE  
6:30PM - 7:30PM

FRI 26 JUL

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM



**SWIMFIT+**  
AQUATIC CENTRE  
12PM - 1PM

**VINYASA**  
FITNESS CENTRE  
12PM - 12:45PM



WEEK 2

MON 29 JUL

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM

**BOOTCAMP**  
FITNESS CENTRE  
5:30AM - 6:15AM

**OUTDOOR YOGA**  
SYNTHETIC FIELD 4  
7:30AM - 8:15AM



**SWIMFIT+**  
AQUATIC CENTRE  
12PM - 1PM



TUE 30 JUL

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM

**AQUAFIT**  
AQUATIC CENTRE  
7AM - 8AM

**PILATES**  
FITNESS CENTRE  
12PM - 12:45PM

**CARDIO TENNIS**  
TENNIS CENTRE  
3PM - 4PM

**BOOTCAMP**  
FITNESS CENTRE  
6:30PM - 7:30PM

WED 31 JUL

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM



**INDOOR BADMINTON**  
FITNESS CENTRE  
10:30AM - 1:30PM

**SPIKEBALL**  
GREAT COURT  
12PM - 2PM

**GLOW ZUMBA**  
FITNESS CENTRE  
6:30PM - 7:30PM

THU 1 AUG

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM

**BODYATTACK**  
FITNESS CENTRE  
6:30AM - 7:30AM

**AQUAFIT**  
AQUATIC CENTRE  
7AM - 8AM

**INDOOR BADMINTON**  
FITNESS CENTRE  
10:30AM - 1:30PM

**YIN YOGA**  
FITNESS CENTRE  
12PM - 12:45PM

**CARDIO TENNIS**  
TENNIS CENTRE  
3PM - 4PM

**YIN YOGA**  
FITNESS CENTRE  
6:30PM - 7:30PM

FRI 2 AUG

**VENUE ACCESS**  
GYM, POOL,  
TENNIS, TRACK  
10AM - 3PM



**SWIMFIT+**  
AQUATIC CENTRE  
12PM - 1PM

**VINYASA**  
FITNESS CENTRE  
12PM - 12:45PM



\*Terms and conditions apply. UQ STUDENTS ONLY. Subject to change - check [uqsport.com.au/freetrial](http://uqsport.com.au/freetrial) before attending activities.

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