

# FREE TRIAL

REGISTER IN-VENUE FOR YOUR FREE ACCESS PASS\*

MON 17 FEB

**SWIMFIT**  
9-10AM  
AQUATIC CENTRE



**STRENGTH**  
5:30-6:15PM  
FITNESS CENTRE

**YIN YOGA**  
6:30-7:30PM  
FITNESS CENTRE

TUE 18 FEB

**BODYPUMP**  
6:30-7:15AM  
FITNESS CENTRE

**AQUAFIT**  
7-8AM  
AQUATIC CENTRE

**CARDIO TENNIS**  
8-9AM  
TENNIS CENTRE

**PILATES**  
12-12:45PM  
FITNESS CENTRE

**INFLATABLE**  
12-2PM  
AQUATIC CENTRE

**BOOTCAMP**  
6:30-7:30PM  
FITNESS CENTRE

WED 19 FEB

**SWIMFIT**  
9AM-10AM  
AQUATIC CENTRE

**MARKET DAY**  
10AM-2PM  
GREAT COURT



**BODYPUMP**  
5:30-6:30PM  
FITNESS CENTRE

**ZUMBA**  
6:30-7:15PM  
FITNESS CENTRE

THU 20 FEB

**PILATES**  
7:30-8:15AM  
FITNESS CENTRE

**AQUAFIT**  
7AM-8AM  
AQUATIC CENTRE

**CARDIO TENNIS**  
8AM-9AM  
TENNIS CENTRE

**BADMINTON**  
10:30AM-1:30PM  
FITNESS CENTRE

**INFLATABLE VOLLEYBALL**  
12-2PM  
AQUATIC CENTRE

FRI 21 FEB

**SWIMFIT**  
9-10AM  
AQUATIC CENTRE



**BODYPUMP**  
5:30-6:30PM  
FITNESS CENTRE

**ZUMBA**  
6:30-7:15PM  
FITNESS CENTRE

FINANCED BY SSAFE

\*T&CS APPLY. UQ STUDENTS ONLY.

FREE VENUE ACCESS EVERY DAY 10AM - 3PM

MON 24 FEB



**OUTDOOR YOGA**  
7:30-8:15AM  
SYNTHETIC FIELDS

**SWIMFIT**  
9AM-10AM  
AQUATIC CENTRE

**STRENGTH**  
5:30-6:15PM  
FITNESS CENTRE

**YIN YOGA**  
6:30-7:30PM  
FITNESS CENTRE

TUE 25 FEB

**BODYPUMP**  
6:30-7:15AM  
FITNESS CENTRE

**AQUAFIT**  
7-8AM  
AQUATIC CENTRE

**CARDIO TENNIS**  
8-9AM  
TENNIS CENTRE

**PILATES**  
12-12:45PM  
FITNESS CENTRE

**INFLATABLE**  
12-2PM  
AQUATIC CENTRE

**BOOTCAMP**  
6:30-7:30PM  
FITNESS CENTRE

WED 26 FEB

**SWIMFIT**  
9AM-10AM  
AQUATIC CENTRE

**SPIKEBALL**  
12PM-2PM  
GREAT COURT

**BODYPUMP**  
5:30-6:30PM  
FITNESS CENTRE



**GLOW ZUMBA**  
6:30-7:30PM  
FITNESS CENTRE

THU 27 FEB

**PILATES**  
7:30-8:15AM  
FITNESS CENTRE

**AQUAFIT**  
7AM-8AM  
AQUATIC CENTRE

**CARDIO TENNIS**  
8AM-9AM  
TENNIS CENTRE

**BADMINTON**  
10:30AM-1:30PM  
FITNESS CENTRE

**INFLATABLE VOLLEYBALL**  
12-2PM  
AQUATIC CENTRE

FRI 28 FEB

**SWIMFIT**  
9-10AM  
AQUATIC CENTRE

**BODYPUMP**  
5:30-6:30PM  
FITNESS CENTRE



**POOL PARTY**  
6-9PM  
AQUATIC CENTRE

**ZUMBA**  
6:30-7:15PM  
FITNESS CENTRE

FOLLOW US ON SOCIALS @UQ SPORT



DON'T MISS THIS!!

\*Terms and conditions apply. UQ STUDENTS ONLY. Subject to change - check [uqsport.com.au/freetrial](http://uqsport.com.au/freetrial) before attending activities. ©Registered trademark of ZUMBA FITNESS, LLC. All rights reserved. \*SwimFit - must be able to swim freestyle continuously for a minimum of 500m.